



Jo Ann Levine

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Hands-on Healing

Health and well-being depend on energy flowing freely throughout the body.

Reiki and other forms of energy healing bring flow back to the body's energy channels, restoring vitality and health to the body, mind, and spirit.

Reiki is an ancient art of healing through touch. The Reiki healer adjusts energy by using her hands to harmonizing the physical, emotional, spiritual, and mental frequencies.

During a Reiki treatment, stress is released, leaving a sense of vitality, relaxation and harmony. Simultaneously, the client feels renewed energy and strength. This healing method, performed in a comfortable and nurturing environment, enhances overall well-being.

To learn more about Reiki and Jo Ann's healing practice call or [email](#) for an appointment today